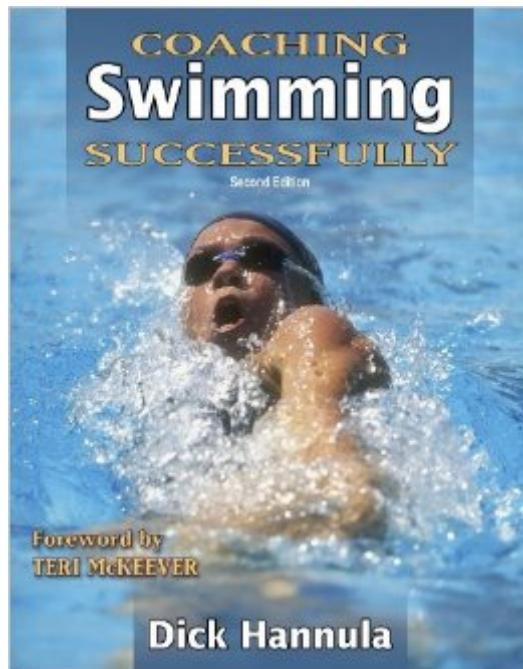


The book was found

Coaching Swimming Successfully - 2nd Edition (Coaching Successfully Series)



Synopsis

Over the course of a distinguished coaching career, Dick Hannula led his high school teams to 24 consecutive state championships, was a two-time president of the American Swim Coaches Association, and is a member of the International Swimming Hall of Fame. Hannula shares more than 50 years of coaching experience and knowledge in *Coaching Swimming Successfully*. With input from successful U.S. and international coaches, Hannula presents the latest stroke improvements for greater efficiency and speed as well as new instruction on underwater dolphin kicking techniques. Full practice plans help coaches accomplish more in each training session. Veteran and beginning coaches will learn how to motivate swimmers, become better communicators, and be prepared for the challenges of competitive meets. Hannula reveals his personal coaching philosophy and helps coaches develop their own code of ethics as they build a winning swimming program in and out of the pool. Detailed advice on how to evaluate swimmers' performances in practice and in competition, as well as the entire swim program, makes this the complete guide to coaching the sport. No matter where you coach, *Coaching Swimming Successfully* will be the guide you refer to season after season.v

Book Information

Series: Coaching Successfully Series

Paperback: 192 pages

Publisher: Human Kinetics; 2 edition (March 14, 2003)

Language: English

ISBN-10: 0736045198

ISBN-13: 978-0736045193

Product Dimensions: 8.5 x 0.5 x 11.1 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 starsÂ See all reviewsÂ (12 customer reviews)

Best Sellers Rank: #292,294 in Books (See Top 100 in Books) #40 inÂ Books > Health, Fitness & Dieting > Exercise & Fitness > Swimming #105 inÂ Books > Sports & Outdoors > Water Sports > Swimming #1599 inÂ Books > Business & Money > Education & Reference

Customer Reviews

This book has helped me immensely. I have swam all my life and now have the opportunity to coach a high school team. So, having the right words to explain the techniques to the students is very helpful and this book has been a great source for that. I recommend this one.

A value at any price for all interested in swimming successfully. Intrinsic and extrinsic motivational techniques are super. Learn it all from the winningest high school coach in US history.

This is NOT a useful book for coaches, although it can be helpful for people without a coaching education or a good swimming background. Unfortunately, this book lacks every form of depth and I don't understand why all the reviews until now were extremely positive. Dick Hannula was a great coach, but this isn't a great book. I guess the readers were lead by pride instead of objectivity. *Coaching Swimming Successfully* has an attractive title, but is somewhat misleading. While reading, you do get some new thoughts about coaching, but it will not make you a coach successfully. The book is written with a first-person narrator and would be more interesting if it wasn't, since you will get annoyed after a while by every self-glorification of the writer and his successes. Besides, it's mainly focused on the American swimming school (planning and preparation, club swimming vs. high school swimming, yard pools, etc.) and it lacks some ability for extrapolation for other swimming countries. The 'Coaching Stroke Technique' part is redundant if you are a qualified coach and you still have your textbook from the course. The book is easy to read, gives some new thoughts and can therefore help you coach more successfully, but it is too superficial and limited for a swimming coach.

I picked up this book in desperation. I had tried many books on swim coaching and many were out of date, simplistic, and outright useless. In Coach Hannula's book, I found a work that was worthy of its title. Mr. Hannula has extensive knowledge of his subject and it shows in his writing. Mr. Hannula dots the book with useful and sometimes amusing aniquodotes. This book can help beginning to advanced swimmers and coaches.

This is an awesome book. However, after going through Hannula's work, I consider "The Swim Coach Bible" (vol. I & II) much more useful than this one. Anyways, this is definitely a book every dedicated swim coach should have on his bookshelf.

This book had some nice ideas in it, but as a first time coach for young swimmers, this book was not terribly helpful to me, since the whole book is geared towards coaching adult swimmers. It covers just about everything else to do with coaching, but not in terrific detail. All in all, it's ok, it has good ideas in, and is probably good for a first book for an adult coach, but you will need more.

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